



Can-Fit-Pro Certification Courses

offered at

The Personal Training Station

Winter 2006

Instructor: Arleigh Winokur

COURSES:

JANUARY 12, 13, 14, 15

Thurs. 5:30pm - 9:30pm

Fri. 5:30pm - 9:30pm

Sat. 10:00am - 6:30pm

Sun. 10:00am - 6:30pm

FEBRUARY 9, 10, 11, 12

Thurs. 5:30pm - 9:30pm

Fri. 5:30pm - 9:30pm

Sat. 10:00am - 6:30pm

Sun. 10:00am - 6:30pm

MARCH 23, 24, 25, 26

Thurs. 5:30pm - 9:30pm

Fri. 5:30pm - 9:30pm

Sat. 10:00am - 6:30pm

Sun. 10:00am - 6:30pm

EXAMS:

January 7, 2006

10:00am

February 18, 2006

10:00am

March 11, 2006

10:00am

April 22, 2006

10:00am

YOU MAY REGISTER FOR ANY COURSE OR EXAM IN ONE OF THREE WAYS:

Online: Use the direct link on the [Personal Training Station website](#) Can-Fit-Pro Certs page,

By Phone: Call CAN-FIT-PRO, 1-800-667-5622, ext. 224, or

By Fax: Print the registration form on the Can-Fit-Pro website at [www.canfitpro.com](#) and fax it to the number provided.

THESE COURSES FILL UP VERY QUICKLY, SO DO NOT DELAY YOUR REGISTRATION. IF YOU HAVE ANY QUESTIONS ABOUT THE COURSE ITSELF, PLEASE CALL ARLEIGH WINOKUR AT (905) 823-0293.

PTSTN CFP PTS Schedule Winter 2006.doc

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